Monte Bondone. Walks and trails on the mountain of Trento

Monte Bondone boasts an extensive network of paths and roads, complete signs and informative tables on aspects of interest in terms of fauna and landscapes, which are abundant on Trento's mountain. The route suggestions described in this guide often overlap one or another of these trails, but they do so only as far as strictly necessary, in the attempt of guiding the hiker far from the most popular routes, or from those already amply described in other guides. In the phase of accurate scouting and consideration of what the territory has to offer, we therefore avoided both trails duly curated by the Società degli Alpinisti Tridentini (SAT) of the CAI [Italian Mountaineering Association], and the sections most used by bike lovers. It is thus intended more for a public that appreciates the curiosity of discovery rather than reaching the highest destination or particular levels of sporting performance. The map shows ring trails in blue, while the pink ones connect different locations, or form branches of definite interest compared to the circular track. The blue icon in the top right hand corner above the itineraries identifies trails suita-

ble for the whole family. The routes were chosen for their natural, historical or cultural value, and we hope

that they will evoke the curiosity and excitement even of those who, living in Trento, have already been visiting and walking this mountain for some time. For a "greener" outing, we have included instructions on public transport, which can

be used to reach the starting point, as well as for the return trip. Happy trails to all! A.P.T. Trento, Monte Bondone, Valle dei Laghi: www.discovertrento.it

Azienda Forestale Trento-Sopramonte [Forestry Service]: www.aziendaforestale.tn.it Rete di Riserve Bondone [Nature Reserve Network]: www.reteriservebondone.tn.it MUSE - Museo delle Scienze [Science Museum]: www.muse.it

S.A.T. - Società degli Alpinisti Tridentini [Trentino Mountaineering Association]: www.sat.tn.it

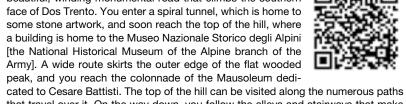
Trentino Trasporti Esercizio [Public Transport]: www.ttesercizio.it Trento Funivie [Ski lifts]: www.skimontebondone.it

Ring Routes (blue)

1. Dos Trento



The route starts in Piazzale delle Truppe Alpine, and follows the beautiful, winding monumental road that climbs the southern



that travel over it. On the way down, you follow the alleys and stairways that make it possible to shorten the route, going past the tunnel, to reach the starting point once again. Don't miss: Museum, Mausoleum, forest, view, the remains of the perimeter of a Paleochristian basilica. Time: 1.30 hours.

2. Cadine-Sorasas-Cadine



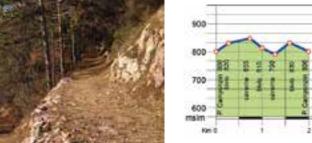
then South, where it becomes a gravel road. It climbs up in the woods, around a hairpin bend and a few other turns, and reaches Val Granda, where the road becomes flat. A turn-off to the left, marked by tables SAT 627, suggests a further climb, this time following a mule trail. You soon reach a restored Austro-Hungarian work, the "Fuciliera", and then continue, with a



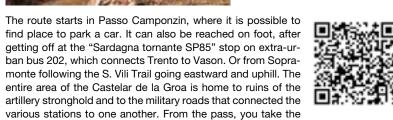
few bends, towards the Eastern edge of the Sorasas, which provides an aerial view of Valle dell'Adige north of Trento. The mule track reaches a series of caves, and an observation point called "Pontesel" (balcony), from which the view embraces the six hundred metres that separate it from the bottom of the valley. Two hairpin bends now lead to the northern section of the mountain, far from the edge of the cliff, thus making it possible to descend to other defensive stations in Spazadomeneghe. After retracing your steps, you go down some more to an ample clearing, where a dirt road starts - full of bends - leading back to the starting point. For those who wish to reach Fer de Caval on foot, it is possible to get off at the bus stops in Cadine or Soraval, as shown on the map. There is also an alternative - as indicated by the pink trail - briefly described in the chapter entitled "Other routes on Monte Bondone". From the piazza in Cadine, it is possible to walk down to the Bus de Vela fort (cross-road gate), which is open for visits. Don't miss: military structures, breath-taking views, woods, the town of Cadine, the Fort. Time: 3 hours.

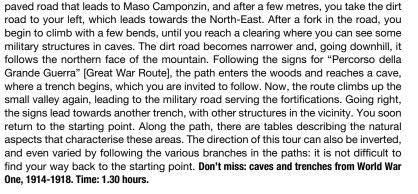
3. Castelar de la Groa



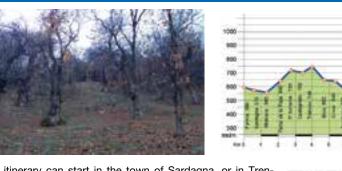


The route starts in Passo Camponzin, where it is possible to getting off at the "Sardagna tornante SP85" stop on extra-ur-





4. Sardagna – Sentiero dei Castagni (Chestnut Route)



Continuing along the road, still northward, you reach a fork in the road. To the right,

through the woods, you soon reach Parco de le Poze, a beautiful chestnut forest

with a panoramic view of Valle dell'Adige. When you return to the fork in the road,

you turn right and reach the provincial road, which you follow uphill to the first of

the 7 Hairpin Bends, where a small road leads off to the right. You come to a wider

section of the road where a small trail leaves on the left, and soon leads to a stop-

ping area with two dilapidated houses and a chestnut forest above. After climbing

to the fifth hairpin bend via a trail, you encounter the signs indicating, on one side,

Passo Camponzin, and on the other the continuation of the Sentiero dei Castagni

[Chestnut Route]. You cross the provincial road and follow a small road downhill, to

the South-East, and after passing through a valley you reach a fork with signs for

Candrai. You take the path on the right and climb through an ample chestnut forest,

until you reach a dirt road. You follow the signs for Candriai, which lead you to follow

a dirt road, also in a south-easterly direction. After two wide bends, in an environ-

ment characterised by beautiful specimens of chestnut tree, you continue along the

provincial road, ignoring the various turn-offs. Going downhill, you reach a fork on

a bend, characterised by a cross, where you continue to head downhill, passing

the inlet for an aqueduct, and at the fork below you take the paved road heading

south-west (on the right hand side). You now climb again up the valley of the Rio

di Sardagna, until you pass the river with a bridge, and then you walk downhill on

your left following a dirt road. You come to another fork with a large wooden cross.

Keeping to the right, you enter another chestnut forest. You follow a path downhill to

another dirt road and, continuing downhill, you reach the road that leads towards the

centre of the town of Sardagna. Having reached the church, it is possible to follow

the road that goes down to the panoramic cemetery, with the church of Saints Philip

and James. Don't miss: chestnut forests, the town of Sardagna, the cemetery church, the

5. Vezzano-"A. Stoppani" geological route

The route starts in the town of Vezzano, on the north-western

slopes of Monte Bondone. A path connects the numerous gla-

cial wells, called "marmitte dei giganti", which the work of wa-

of these wells have been emptied of the material that has

collected there over the centuries, shedding light on the rock

lot in front of the structure of the Valle dei Laghi Theatre, the

ter running under ancient glaciers has left in the rocks. Some

structure to a depth of more than ten metres. From the parking

path splits in two branches, which make it possible to reach two separate groups

of wells. The northern branch takes you to visit six wells, none of which have been

cleared of the material collected there, so they are less spectacular than the path on

the southern branch, which the suggested route will take you past last. Following

the signs to reach wells 1 to 6, you come to an interesting shooting range (target)

dating back to the early 1700s, recuperated and taken care of by the Schützen Com-

pany of Vezzano. Having completed the ring route to visit the wells, and passing the

"Bersaglio" [Target] building, the path crosses SAT trail 618, with signs for Lagolo.

You take this path southwards, uphill. Going straight, it climbs 200 metres, and then

bends decisively to the east and climbs some more, with a few bends, reaching the

forest road. The signs say to go right, but first it is interesting to follow the road to

between the municipalities of Vezzano and Padergnone, where the date 1756 is

marked. Retracing your steps, you continue straight until you reach the fork where

the direction for trail 619B, which you must follow for a few metres. On the right, the

trail 618 deviates uphill, with signs for Costa dei Cavai - Cornetto. A table indicates

trail marked SAT 619B begins, with signs for Maso del Conzeta, which we will find

a little further on, in the form of a dilapidated building in the middle of the woods.

You continue along the path, which passes through ancient terraces, until it turns

sharply to the left. Continuing to follow the white and red markings, you start going

downhill, sometimes quite steeply, heading south west and ending in a valley. You

turn right, climbing up the mule track into a beautiful holm oak forest. At the end of

the small valley, on the left hand side a small path leads to the ruins of the church of

S. Martino. Once you return to the fork, the mule track starts descending and, after

a few bends, you reach glacial well number eight, "Bus dei Poieti". This is the most

spectacular one: with all the filling material removed, it is now possible to reach the

bottom using a metal ladder. Continuing along the trail, you reach a farmed plot, be-

yond which lies well number seven, "San Valentino". You return to the dirt road and

soon reach the end of the route. Don't miss: the "Marmitte dei Giganti", the "Bersaglio",

and ancient boundary stones. Time: 3 hours.

6. Candriai – Vaneze – Candriai

gth: 6.5 km. Difference in altitude: 390m iculty: tourism. Interest: naturalistic

The starting point is in the parking lot at the sports fields in

find signs for Malga Brigolina. Going up a slight incline, you

walk past an isolated house on your left. After about 100 m,

the paved road that leads towards Malga Brigolina and Meza-

via. You cross the road and, also on a path on a slight down-

ward slope, you reach a forest road near a water collection

you turn right on a path without signs, which leads downhill to

Candriai. You follow the main road going west and soon you

tank. Travelling along the forest road, now along trail SAT 628, you reach the large

pasture and, moving uphill, the Malga Brigolina. Having crossed the paved road, you

continue uphill along the mule track marked SAT 628, in the direction marked Pra de

la fava. Coming within sight of the first house, you leave trail 628 and turn left. After

passing the second house, on the right you take a narrow path cordoned off with two

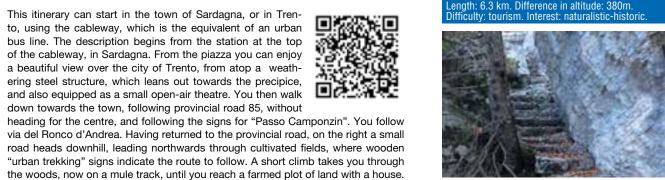
picket fences, which first leads to a road that leads to private property, and - imme-

diately afterwards - to the right again and uphill, through the forest until you reach

the left for a few metres (northwards), until you reach a rock marking the boundary

view over Trento. Time: 3 hours.

This itinerary can start in the town of Sardagna, or in Tren-This itinerary can start in the town of Sardagna, or in Trento, using the cableway, which is the equivalent of an urban bus line. The description begins from the station at the top of the cableway, in Sardagna. From the piazza you can enjoy a beautiful view over the city of Trento, from atop a weathering steel structure, which leans out towards the precipice, and also equipped as a small open-air theatre. You then walk down towards the town, following provincial road 85, without heading for the centre, and following the signs for "Passo Camponzin". You follow



ancient and modern trails. Time: 3 hours.

7. Vaneze – Vason – Vaneze

From the APT piazza in Vaneze, you must cross the provincial road, heading north along Via dei Falchi, a street in the residential area of Vaneze. Passing the tennis courts, the road bends towards a south-westerly direction. At the bend, keep From the APT piazza in Vaneze, you must cross the provincial right and, a few metres on, a narrow path begins, with a sign ndicating number 11, and the writing Mezavia-Vason-Brigolina-Viote. You follow this path on a slight incline until you reach

another road (via del Lavachel), which, uphill, leads to the bend at an altitude of

1225. Immediately on the right, you take the second road and, along a short path,

vou climb to the paved road - Via dei Daini - which leads to the piazza in Vaneze.

near the bend in the provincial road. Following the latter to the bend below, it is

possible to take trail 645 for a short distance. At the first hairpin bend, you leave 645

and continue on a beautiful trail called "Trento Nostra", which is clearly marked and

leads downhill to Candriai. You cross the provincial road three times, so be careful

of the traffic. This route is also suitable to walk in the opposite direction, or starting

from Vaneze or from Malga Brigolina. Don't miss: the great Beech, Skippy's fables, and

a fork not far above the Selva forest road, which you can see below. The path takes the uphill direction, along the so-called Senter del Taiadic, following the signs marked with number 11. Around numerous bends, you climb - passing typical rock faces - until you reach a forest road, which you cross, continuing uphill. At an altitude of 1500 m, you come to another forest road and, heading left, this leads you to a bend in the provincial road in the village of Norge. You follow the road uphill for a few metres and, having passed a house, you head up a stairway made of wooden logs which follows the boundaries of private properties. You soon come to a sign indicating the road to follow to reach Vason. As soon as you enter the forest, there is a cave and a typical rock formation. Continuing, you travel the small valley to its end, where the path becomes flat. At the fork, it is possible to take a short detour to visit the remains of Caposaldo V/4 - ruins of trenches and defensive posts dating back to the Great War. Once you have returned to the fork, you continue in a south-westerly direction, reaching a forest road which you follow for about 600 m, until you come to signs indicating Vason-Palestra di roccia. A typical stairway is the path you must follow, with numerous bends it runs parallel to a rock face. At the first fork, characterised by a cave and an indentation in the rock face - travelled by a stone stairway - you keep right (if you go left, you follow the stairway carved into the rock face and you end up in the lower part of Vason). Continuing, you soon reach the Palestra di Roccia and Parco Avventura [Rock climbing training area and Adventure Park], dedicated to Giorgio and Rita Graffer. A short distance later, at the fork, you take the path on the left and encounter the first houses in Vason. When you reach the large parking lot, you climb the provincial road to the bottom station of the Palon cableway. From here, along the skiing slopes, you descend towards Norge and, continuing along the slopes, to Vaneze. It is possible to close the circular route in Norge, or to start it in Vason. Don't miss: trails and fortifications from the Great War, the Rock climbing training area and adventure park, and the Bondone skiing slopes. Time: 3 hours.

8. Vaneze-Dos de la Cros-Vaneze

km. Difference in altitude: 370m



From the APT office in Vaneze, you walk down to the playground, to the last building (formerly the Studio Uno Discotheque). The path to take is the one that goes downhill, indicated by the sign marked with number 7 - Caporal-Corno trail, attached to a fir tree. After a few bends, the path enters a peautiful forest, on a slight incline, and reaches a typical prom ontory (Dos del Caporal). The path now continues uphill, passing a few small valleys and, with a few bends, reaches a paved

road in the village of Corno. You turn left, following the road that becomes a dirt road and exits the forest. Near the last house there is a sign (8-Sentiero de la Cros). it indicates a steep path that climbs the meadow and, still on a steep incline, crosses the forest, climbs the north-eastern ridge of the Dos de la Cros, until it reaches a beautiful and panoramic field on a pass. The peak is on your left and, to reach it, it is necessary to climb up a narrow path to the cross, where there is a sweeping view. When you return to the pass, the route heads west, climbs up a modest plateau and then descends the opposite side, following a dirt road. Passing beneath the ski lift 3-Tre, you reach the meadows of the skiing slopes. When you reach the Montesel ski lift, without walking past it, the route descends directly along the slope, until it once again crosses ski lift 3-Tre, and reaches the beautiful little church in Vaneze. From here, shortly, you return to the starting point, passing beneath the ski lift starting station. Don't miss: the Fir forest, views, the Monte Bondone skiing slopes, the church of Vaneze. Time: 2 hours.

9. Vason-Palon-Vason



This is a route that can be taken by climbing or descending with the ski-lift. The description refers to climbing on foot. Near the Vason pass, going around the first building, a path starts the skiing slope and then joining the military mule track called
Sentiero dei Mughi. The route climbs them: Palon, always on a slight incline, except for a few steeper areas, where the path must overcome a few less visible areas of

the mule track. At an altitude of 1940 m a small road leads to the Mugon crest, where you will find the ruins of an Austro-Hungarian observatory and the anti-avalanche apparatus. The spot has a beautiful view. Once you have returned to the road, you can continue to climb along the path, which still flanks the ski-lift, and soon you reach the skiing slope that descends from the Palon peak. A few more metres and you reach the plain where the top station of the ski-lift is, dominated by the high telecommunications tower on the peak. During the climb it is possible, with a few detours, to visit some Austro-Hungarian military structures. The lowest one is in the process of refurbishment, and the path that connects the walkways is still not well marked. At a greater altitude, following the indications provided by the tables, it is possible to visit the five caves built in a valley and the "generator cave", which was home to an electricity generator unit serving all the posts on the Palon peak. To return to the bottom you take the ski-lift. Alternatively, you can follow the dirt road that serves the infrastructures located at the top which, following the Rocce Rosse skiing slope, leads to the Viote plateau, on the north-western face of the Palon. Once you reach the passage beneath the road, you leave the slopes and head north-east, following the panoramic walk described in route 17. Don't miss: trails and fortifications of the Great War, views, chamois of the Palon. Time: 2.30 hours.

10.Caserme-Parolet-Caserme



The base is the ample parking area not far from the Viote Austro-Hungarian Barracks (Caserme). You follow, for a short distance, the provincial road and, at the first fork, you turn left and start to climb the military road which, with a few bends, gently crosses the meadows above the Barracks. You enter the forest and the road continues along the southern face of the Palon, until you reach the pass. Following the road, which gradually turns into a path, you walk along the northern face of the Pale, characterised by numerous military structures which are still clearly visible. This sec

tion is part of trail SAT 626, which connects the town of Ravina with the Palon peak along the wild Val di Gola. You soon reach the S.A.T. cabin in Ravina and, continuing, you move down to the Parolet Pass. Continuing straight, now on trail SAT 693, you go around the Parolet peak, which can be reached to the north and opens to a truly picturesque panoramic view. You retrace your steps back to the ridge and take trail SAT 692 towards Garniga, which moves downhill in a south-westerly direction for a while. Once you reach the bend in the path, you leave it, continuing straight along the slopes of the Palon, along the firefighting path characterised by fire hydrants. Another short section climbing uphill leads to the first bend in provincial road 25, which connects the town of Garniga to Viote. You now climb the paved road until you reach the first house and then the group of abandoned buildings which form the nucleus of Viote Barracks. Not much further on you find another group of buildings, currently uninhabited, which were home to the Alpine Ecology Centre until a few years ago. Don't miss: trails and fortifications of the Great War, the SAT cabin in Ravina, the Parolet, the views, and the Austro-Hungarian Barracks. Time: 2.30 hours.

11. Tour of the Three Peaks

igth: 10.8 km. Difference in altitude: 860 m.



This is a classic route on the Bondone, along trails maintained by the SAT and, in some parts, requires a certain level of skill in managing the manoeuvres necessary to safely travel certain sections - albeit short ones - of the path, equipped with metal

That is why we will describe the route in a clockwise direction, so that the two short cabled sections can be taken on uphill, especially the lower one. The starting point is in the parking

area in Viote, near the biotope. You follow trail SAT 607 in a south-westerly direction, you go past the interesting dome of the "Terrazza delle Stelle" observatory, and leaving it, you coast along the swampy terrain next to the forest. At the turn-off from the dirt road, you turn left and then right along the mule track which descends a small valley until it comes to the area of the Austro-Hungarian Barracks. Now, on your right, you continue on a dirt road and, at the first turn-off, you keep left, following the signs for SAT 630B Acqua del Mandret. You climb in the forest up to an ample clearing at the former Pozze Bassa farmstead. You now continue along a path to the fork with SAT 630, which from Aldeno reaches Cima Verde. The landscape changes radically: we are faced with the south-eastern faces of the Tre Cime [Three Peaks] (Cima Verde, Dos d'Abramo, Cornetto), which, from here on, will form the backdrop to the route. Those who are not used to mountaineering-style routes are advised to stop here, where there is a beautiful view, because a little further on it will be necessary to confront a cabled section of the path. Once you have gone past the section with the cables, the path leads to the eastern edge until it easily reaches Cima Verde. After leaving trail SAT 630, you continue on SAT 636, which goes down to the ridge dividing Cima Verde from Dos d'Abramo. After climbing the slope of the latter, you find two forks one closely following the other. The first is for trail SAT 638 leading to Pala Granda and the town of Cimone. The second fork concerns our route. To climb to the Dos d'Abramo peak and then descend the other side, it is necessary to follow two short vie ferrate along trail SAT 638A. There is another route to reach the Dos d'Abramo peak, and it is the vertical via ferrata called "Giulio Segata" which has two access points: one starts just a short distance from the beginning of the equipped section of trail SAT 638A. The other is further down on the vertical section, and starts from a small path that travels around the hill on the southern slope. (The Giulio Segata via ferrata is closed for maintenance, and climbing it is still currently forbidden). For those who do not feel like attempting the climb, it is possible to avoid the vie ferrate by going around the peak along trail SAT 636, first going downhill and then climbing a small valley, until you reach the fork on the other side of the peak. Now, a short crest leads to beneath the Cornetto, which is easiest to climb on the north face. This peak was organised as a pitched fortification, with trenches all around it and accommodation in caves. To return downhill it is sufficient

to walk down the entire crest called "Costa dei Cavai", which is marked as SAT 607

and leads to the starting point. Don't miss: the Viote Peat Bog Biotope, the Terrazza delle

Stelle observatory, views, fortifications of the Great War, views, the Tre Cime Monte Bondone

12. Viote-La Rosta-Viote

Nature Reserve. Time: 5 hours.

th: 10 km. Difference in altitude: 570 m.



The starting point is the parking lot near the Alpine Botanical Garden and the interesting geological park. Following the fence on the western side of the Botanical Garden, first along a short path downhill and then along a dirt road uphill, the route reaches provincial road 85, which connects the Viote area to the Lagolo Lake. After crossing the road, you take a dirt road that heads into the woods and starts to climb Val d'Eva. You soon come to some ruins, the so-called "Madruzziano Castle". the origins of which are nicely explained on the board displayed on site. Continuing,

you reach the Bocca di Vaiona pass, where the view opens over the mountains of western Trentino. Here we suggest a detour, which could also become the destination of the outing, to visit the Cavedine or Roncher dairy hut, which is about 1.2 Km to the south. Along the way, you can visit the remnants of fortifications and trenches. Once you have returned, along the same road, to the Bocca di Vaiona pass, you start a short and steep climb along trail SAT 618, which leads directly to the flat meadows of La Rosta, where you can enjoy sweeping views. The path then continues uphill, heading to a plateau, and then enters a wooded valley. Continuing downhill, you cross a beech forest, until you come to a clearing where the path suddenly turns left. You leave route 618 and follow the directions to the right for the Strengiator trail, which soon leads to the Prà de la Lori, where a miniature house (la Baracca) invites you to stop for a moment. You continue along this route until you come to a dirt road, which you take to the right, in a south-easterly direction, leading to the provincial road that runs parallel a bit further down, until you meet it. You continue on tarmac until you find the road you followed on your way up, which takes you back to the Botanical Garden. Don't miss: the Alpine Botanical Gardens, the Madruzziano Castle, the fortifications from the Great War, meadows and woods high in the mountains, and the views. Time: 3 hours.

13. Garniga Terme-Malga Albi-Garniga Vecchia-Garniga Terme



From the small parking area next to the Garniga Terme park, you take the provincial road in the Garniga Vecchia direction, leaving it not much further on, at a bend, where a dirt road leads off to the left. You follow the dirt road uphill in a south westerly direction. At the fork, you turn right, following directions for Sentiero di Malga Albi, and take a gravel mule track which climbs the north face of the mountain, until you come

out, levelling, on the east face, right above the town. At the

turn-off, you leave the Malga Albi directions behind and continue straight along the path, which, continuing to climb, comes out at a pasture and reaches the paved municipal road which goes from Garniga Terme to Malga Albi. You follow this road briefly and, at the turn-off, go left following directions for Chiesetta di Rocal. The road leads to the small church, built in 2012. From the piazza in front of it, a path begins, leading to a bend in the paved road that you left before. After the next bend, you turn right on a path that makes it possible to cut a section of the paved road, leading you further up, to another bend. You soon reach the beautiful meadow-hollow of Malga Albi. For those who do not wish to follow the entire route, this can be considered a valid destination, and you can return to the starting point by following the same route back again, or one of the numerous other trails that lead to Garniga Terme. It is also possible to reach Rifugio Sparavei, following trail SAT 630, which is in a beautiful panoramic position. Once you have returned to Malga Albi from this detour, the route continues in a north westerly direction, crossing pastures above the farmstead, to the northern boundary, where a dirt road leads downward into the forest. At the first turn-off you turn left, in the Strada Selva direction, which soon becomes a narrow path that follows the steep slope of a beech forest, until it ends on a forest road. The route turns downhill, along the forest road, with a few bends. At the sixth bend, on the right there is a dirt road that goes on a gentle downhill slope towards the Valle Magna, reaching the base of the Le Crone promontory. The dirt road climbs to a fork, where you turn left and, continuing to climb, reach an evident intersection. You take the road to your right, which leads to the southern face of Le Crone, and soon becomes a mule track, which climbs down towards Garniga Vecchia and reaches the provincial road just above the last houses of the village. Once you reach the bend below, you go around the building on the bend and you descend along a path that crosses small cultivated plots, reaching a small paved road that leads to the Cà de Soto hamlet, and, continuing downhill, joins a dirt road along the east face of the mountain, leading to a bridge over the stream and, on a level, leads to Zires. From this point, you reach the cemetery church of S. Osvaldo, and then head downhill before climbing to the starting point. Don't miss: church of Rocal, Malga Albi, Rifugio Sparavei, Beech and Fir forests, the towns of Garniga Terme and Garniga Vecchia, and the cemetery church. Time: 5 hours.

From the central piazza of Romagnano, the path climbs into the historical centre, and turns left - southward - and, after

SAT marked trail until you reach Dos Brun, where there are

much further and the route reaches a dirt road above the town

towards Garniga Vecchia. Now going right, you reach a clearing used as a parking

area, where you can take an interesting walk called "Giro di Margon", which makes

this route 1.6 km longer, allowing you to visit the forests and vineyards around Villa

Margon. If you are not interested in this detour, from the parking area you continue

towards Maso Maset, passing a few Oaks (Quercus Cerris), one of which is quite

majestic, until you reach a fork. At this point it is possible to reach Villa Margon, a

beautiful example of Sixteenth century noble residence, sumptuously decorated and

frescoed. It is privately owned, and can be visited on Wednesdays and Saturdays.

Once you have returned to the main road, at the fork you turn right, going downhill,

passing by the Romagnano Fort, which is now a private residence. You continue un-

til the end of the road and take a path that runs alongside a vineyard until it reaches

a panoramic point, above a defensive military structure. You soon reach a little road

which, through fields, leads you back to the starting point. Don't miss: fortifications, the

the last house on the right, takes a mule track marked SAT

614, which climbs up the mountain. You continue along the

of Romagnano, where trail SAT 614 "Guardadocio" climbs up

Cerro, Villa Margon, views. Time: 2 hours.

15. Sant'Anna-Lavè-Sant'Anna

From the hamlet of Sant'Anna, which can be reached from

in a south-easterly direction. At a fork with a wooden sign in-

again, and - heading up a hill that is never too steep - you climb the slope characterised by the presence of an enormous

landslide - by now almost entirely covered by forest - which

dicating "Strada forestale Lavé", you take this direction, heading south. You soon reach another fork, where you turn right

Sopramonte, the route develops downhill along the dirt road

broke off in a forgotten time from the side of the Palon, at an approximate altitude

of 1850 metres. At the end of the forest road, you meet the municipal road that con-

nects Malga Brigolina with Mezavia. You turn left and continue on a slight downhill

slope, until you reach another fork, with a resting area to the left, as indicated by

the sign. The dirt road continues downhill to a clearing, with benches and a peculiar,

dome-shaped refuge building. You continue along the dirt road - now gravel - closed

in a valley, which in some points is quite steep. The last section of the road is flat,

and connects to the Lavé forest road at the aforementioned turn-off. From here

again. It is also possible to start this route from the town of Sopramonte, following

the road that goes through Maso Tomba, directly reaching the beginning of the Lavé

forest road. The closest bus stop is about 1700 m from this part of the road. Don't

miss: Sant'Anna Hermitage, the typical rock landslide (Lavé), Ululone Wells. Time: 2.30 hours.

all you need to do is follow the road back - up a slight incline - to reach Sant'Anna

14. Romagnano

th: 6 km. Difference in altitude: 140 m

17. Vason-Viote-Vason



From the Vason pass, you continue along the SP85 towards Viote, until the Casa Cantoniera, the last building in the town. You follow the wide pavement with a pleasant panoramic walk leading to the subway below the skiing slope, and then downhill to Viote. Here, you will find trail SAT 607, which goes over the road bridge. You follow it north-east towards Vason. Following the directions, you cross meadows until you reach a small wooden altar, under an old larch tree. Continuing, you

reach the Rocce Rosse skiing slope. After crossing it, in La Cuna, you go underneath the ski lift, where the road turns into a mule track. On the way down the hill you come to a fork, where path SAT 607 heads off to the left. You turn right, on a slight uphill along the Sentiero Cercenari in the Vason direction. The path continues uphill along a terrain characterised by large sloped slabs of rock, which indicate the location where the Lavé landslide detached, as mentioned in route 15. When you come to another fork, you turn right, in the Vason direction, on a stepped mule track, which soon leads to the provincial road, and to the piazza of the Casa Cantoniera. It is also possible to start and end this route from the Rocce Rosse and Viote parking areas. Don't miss: the Alpine Botanical Gardens, the Viote Peat Bog Biotope, the Terrazza delle Stelle Observatory, the Larch tree, the view, Time: 2 hours.

16. Mezavia-Strada de Mez-Strada della Selva-Mezavia 🌋 🦒

ngth: 6.5 km. Difference in altitude: 210 m. fficulty: tourism. Interest: naturalistic.

The route is described starting from Mezavia-Malga di Basel-

a few bends in the road by means of the path, until you finally

cline to a fork, where the SAT signs mark a sudden change in

ga, but by extending it by just over 1 km, it can also start in

abandon the road entirely. The path continues on a slight in-

Bondone and Skippy the hare, already encountered in route number 6. You continue

Fava, you need to reach the beginning of the Selva forest road, located near the last

house (a modern one) on one of the paved roads running through this town. From

Vaneze, you need to reach the beginning of the Strada de Mez, located on a bend at

an altitude of 1225 m. Don't miss: the woods, Skippy's fables. Time: 2 hours.

Pra de la Fava or in Vaneze. From the point in front of the

station at the bottom of the Rocce Rosse ski lift, you take the dirt road marked SAT 607 Rifugio Viote. You continue, cutting

18. San Vili "Basso" Trail



Created by the SAT in 1988, the Sentiero di San Vili (San Vigilio), patron saint of Trento, joins the city of Trento with the town of Madonna di Campiglio. It was created as a cultural bet on finding a connection between the city and the mountains, and is intended to mark the differences in rural landscapes, historical events, and geographical changes in the territory it crosses. There are two routes that this trail follows: a high (alto) road and a low (basso) road. The one shown on the map and



described here is the first part of the low road, and connects the city of Trento with the towns of Vela, Sardagna, Sopramonte, Baselga del Bondone and Vigolo Baselga, and beyond. From the cathedral in Trento, the path leads towards the Adige, crosses it, and follows it up towards the suburb of Vela, north-west of the historical centre. It then climbs the slopes of Monte Bondone, following a section of provincial road 85, before climbing along via del Maso Scala. Having crossed the provincial road, it continues along a dirt road to Sardagna, runs along Via del Ronco d'Andrea. and then climbs a mule track - an ancient route to the Camponzin Pass. When you reach the pass, the route descends towards Sopramonte. After crossing the town, it heads west towards Via del Dòssol, and finally along a mule track towards the hamlet of Croseta. After the climb, the path goes down to Baselga del Bondone and soon reaches Vigolo Baselga, where it is crossed by state road 45 bis, and enters the town. From the piazza, you go downhill through the countryside until you reach the cycling lane, which leads in a western direction towards the town of Vezzano. Once you have reached the ridge, the route travels around Monte Mezzana in the Covelo direction. Don't miss: historical buildings, churches, farmsteads, mule tracks, woods, meadows, cultivated land - all the tiles in a mosaic that tells the story of the history and culture of this territory. Time: 6 hours.

Photographs: APT Trento Archive, Monte Bondone, Valle dei Laghi - N. Angeli, A. Cavazzani

The connecting routes (pink)

The Hiking Map shows, in pink, a few straight routes, which connect the suggested and num-The San Vili "Alto" Trail, which connects the hamlet of Vela with route number 2, climbing up to Maso dell'Aria and to Sorasas. It is an alternative to starting in the town of Cadine, which

can be reached by bus for the return phase. Length: 3.5 km. Difference in altitude: 485m The section of the Trento Nostra Trail, which connects the city to Vaneze. The highlighted section is the one that is not involved in other routes described, and in particular it connects the chestnut forests uphill from Sardagna with Candriai. Length: 1.4 km. Difference in altitude:

Trail SAT 645, the most direct route that connects Trento with Vaneze, going through Sardagna. To reduce the height and length, it can also begin in Sardagna, using the ski lift. It is part of the route - from Trento to Vason - of a competition entitled "La Direttissima skyrace Trento-Monte Bondone". Length: 6.2 km. Difference in altitude: 1090m Connecting route between Sardagna and the Corno over the Boscura ridge. A little-used route, also because of its significant steepness. It can be better appreciated on the way down relying on the extra-urban bus service for the return leg. Length: 2.9 km. Difference in altitude:

Connection between routes 7 and 8 along the skiing slopes of Montesel and 3-Tre. With this route it is possible to climb up to Montesel, where there is a beautiful view, Along this route you will find the entry point for the new Nino Barbieri via ferrata. Length: 1.7 km. Difference in Trail SAT 614 del Guardadocio, a route between the towns of Romagnano and Garniga Vecchia. An ancient connecting route between the valley and the mountain, offering views and glimpses of rare intensity. Length: 2.5 km. Difference in altitude: 920m A branch in the Guardadocia trail, in the Garniga Terme direction, crossing the deep and

picturesque Roggia di Bondone valley. At the connecting point with route number 13, you

can also see the ruins of the ancient municipal saw mill. Length: 1.9 km. Difference in altitude:

direction. You continue straight uphill for a short while, and end up on the "Strada de Route connecting trails 10 and 17, called "Pedemontana". In the southern part, it is a flat dirt road which joins route 17 at an altitude of 1614 metres. With a gentle climb, along the Mez" dirt road. You soon come to an ample clearing with a noteworthy view of the pavement following the provincial road, it joins the meadows of Viote with Vason, along the upper Valle dei Laghi, and the Brenta Group. Here, you will find the Baita dei Caciwestern slopes of the Palon. Length: 3.3 km. Difference in altitude: 60m adori, where you may wish to stop. You continue towards north-east, through a Fir A dirt road that links routes 11 and 13, connecting Viote to Malga Albi, on the Garniga slope. forest, and reach an intersection, marked by numerous wooden boards. You follow From the hamlet of Gervasi, the dirt road descends the north-eastern face of Cima Verde to the direction marked with the sign 11 Brigolina, along a downhill path, which reaches the Acqua Negra Spring, and the pleasant meadow ditch of the farmstead. Length: 2.1 km.

the Selva forest road running further below. Once you reach it, you turn left, following Difference in altitude: 260 m on the way back. Section of path SAT 618 which connects Lagolo with the group of houses called Campo, the signs for SAT 628. You soon reach another of the tables telling the fable of the and route number 12. It is an alternative to using the car, using the bus, to reach lake Lagolo, where you can swim in summer. Length: 3 km. Difference in altitude: 550 m to Campo and to follow the forest road, on a slight hill, and find other fable-tables until you return 635 m to the connection with route 12. to Mezavia, where fable number 12 is displayed. If you start the route in Pra de la

Trails by S.A.T. - Società degli Alpinisti Tridentini [Trentino Mountaineering Association]

607 Mezavia - Cornetto. Length: 9 km - Difference in altitude: 900 m - Times: $4.15 \uparrow 3.15 \downarrow$ 614 Romagnano-Garniga Vecchia. Length: 4.4 km - Difference in altitude: 730 m - Times: 2.10↑ 1.30 hours

617 La Becca – Cornetto. Length: 4 km - Difference in altitude: 500 m - Times: $2.20 \uparrow 1.45 \downarrow$ 618 Vezzano - Costa dei Cavai. Length: 11 km - Difference in altitude: 1420 m - Times: 4.40↑ 619 Calavino - Lagolo. Length: 4 km - Difference in altitude: 540 m - Times: $1.30 \uparrow 1.00 \downarrow$

619A Calavino - Maso Conzeta. Length: 3 km - Difference in altitude: 260 m - Times: 1.00↑ 0.50

hours 621 Sopramonte - Viote. Length: 7.4 km - Difference in altitude: 950 m - Times: 3.00↑ 2.00↓ 625 Belvedere di Ravina - Sardagna. Length: 3 km - Difference in altitude: 330 m - Times: 1.20 ↑ 1.00 ↓ hours 626 Ravina – Cima Palon. Length: 11 km - Difference in altitude: 1850 m - Times: 5.45 ↑ 4.00 ↓

627 Vela di Trento – Poza de la Casara. Length: 6 km - Difference in altitude: 500 m - Times: 2.20↑ 1.50↓ hours 628 Sopramonte - Mezavia. Length: 7.5 km - Difference in altitude: 5500 m - Times: 3.00↑ 630B Viote - Acqua del Mandret. Length: 2.1 km - Difference in altitude: 220 m - Times: 1.00↑ 0.45 ♦ hours 635 Vigo Cavedine - Canale. Length: 8.5 km - Difference in altitude: 1250 m - Times: 4.30↑

636 Viote - Cornetto. Length: 5 km - Difference in altitude: 950 m - Times: 3.30↑ 2.45↓ hours 636A Viote - Viote, Length: 0.8 km - Difference in altitude: 20 m - Times: 0.15 ↑ 0.15 ↓ hours 638 Pietra - Sella Dos d'Abramo. Length: 4 km - Difference in altitude: 1370 m - Times: 4.30↑ 645 Piedicastello Trento - Vaneze. Length: 6 km - Difference in altitude: 1090 m - Times: 3.00↑ 2.10↓ hours

648 Sardagna – Bocca del Lupo. Length: 2.3 km - Difference in altitude: 390 m - Times: 1.30↑ 1.00 hours 1 Ravina - Corno. Length: 4 km - Difference in altitude: 1050 m - Times: 3.10↑ 2.20↓ hours 692 Garniga – Parolet. Length: 1.6 km - Difference in altitude: 440 m - Times: $1.30 \uparrow 1.10 \downarrow$

693 Pinara – Parolet. Length: 4 km - Difference in altitude: 1020 m - Times: 2.45↑ 2.00 hours

630 Aldeno - Cima Verde. Length: 9.5 km - Difference in altitude: 1100 m - Times: 5.40↑ 4.00

hours. EEAF* 638A Dos d'Abramo. Length: 0.8 km - Difference in altitude: 60 m - Times: 0.40↑ 0.40↓ hours. Via ferrata Giulio Segata. On the Dos d'Abramo - a challenging climb for experts. Length: 160

m - Difference in altitude: 130 m - Times: 0.30 hours. EEAMD' Via ferrata Nino Barbieri. On the Mugon - a very new route (2018) on the north face of the Mugon. Entrance along the Montesel skiing slope at an altitude of 1695 m. An approaching path

to the equipped downhill channel, crossing towards the rock face along which the via ferrata develops, exit vertically on the Mugon. Length: 1000 m - Difference in altitude: 300 m - Times: 1.30á hours. EEAPD*. The following is a description of the difficulty scale, as applied by SAT for the equipped paths

and vie ferrata marked EEA, which require specific equipment: helmet, harness, carabiners, sling and dissipater. *EEA: Via ferrata or fitted path - A route which leads the mountaineer to rock faces or onto crests and ledges, previously fitted with cables and/or ladders without which - Itinerary for expert hikers with equipment) *EEAF: Easy - F = a very protected, well marked, little exposed section, where the metal struc-

improving safety, but which could be avoided (or even not used) if travelled by expert moun-*EEAPD: Slight difficulty - PD = a more articulated section, with channels or walkways, with vertical passages and exposed at times. Normally equipped with a cable or chain, with rungs and/or fixed metal ladders. *EEAMD: High difficulty - MD = a section on very steep and extremely articulated rock, but

tures are limited to the presence of a cable and/or chain installed with the sole purpose of

without valid supports, which also requires overcoming cliff sections. Equipped with metal cables and/or chains. Only occasionally with artificial steps which, in any case, require significant











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